

# E- NEWS LETTER

**JANUARY TO MARCH 2022**

Quarterly Newsletter of the  
**Centre for the Rehabilitation of the Paralysed (CRP)**

## **1. WMTS students participated in the BKSP Athletic Competition 2022**

On 22nd January 2022, 5 students with intellectual disabilities (2 girls and 3 boys) of William and Marie Taylor School participated in athletic competition which was organized by BKSP. Each student participated in 50 miter race and long jump. At this competition, Abdullah achieved 2nd place in long jump. The executive director of BKSP Brigadier General A.K.M. Mazharul Haque distributed prizes among the winners and delivered closing keystone. Abdullah achieved Bronze medal. Students were very much cheerful and motivated to participate in this competition and expressed gratitude towards CRP Authority.



After that, Dr. Md. Sohrab Hossain, Executive Director of CRP wished Valerie on behalf of all staff. With a Cultural Performance by peer support group and cake cutting ceremony the celebration ended.

## **2. Celebration of Valerie's Birthday**

The 78th birthday of Dr. Valerie A. Taylor, the Founder and Coordinator of CRP was celebrated on 8th February 2022. Two of the CRP's long serving team members recalled CRP's journey and sister's attributes by sharing a speech. Valerie also shared her nostalgic memories of CRP and about her life.



### 3. International Mother Language Day 2022 The celebrated by the residential students of WMTS, CRP

On 21st February of the year 1952, to protect the language of our heart, our beloved mother tongue the roads of Dhaka were stained bright with red blood. To honor this dignified day, the CRP basketball ground circumambulated along with the hostel residing students in the form of a rally. They laid down flowers at Shaheed Miner and silence is observed in remembrance of the martyrs. Afterward, the House Mother of student's hostel delivered a comprehensive speech regarding the essence and significance of 21st February. After her speech she asked the student to share their views and thoughts. That time Abdul Momin, a student of Special Unit, WMTS sang the song "amar vai er rokte rangano ekushey February, ami ki vulite pari". Henceforth the celebration of International Mother Language Day 2022 came to an end.

### 4. Master of Physiotherapy (MPT) Students Placement Tour

The Physiotherapy department of Bangladesh Health Professions Institute (BHPI) has conducted a placement tour for master of physiotherapy students in Hope Hospital, Cox's Bazar and St. Martin's Island from 28th February to 3rd March 2022. In this excursion, 27 students and six faculties participated. The purpose of the placement was to gain a practical understanding of the comprehensive rehabilitation facilities at a national level hospital, Hope Foundation Hospital in Cox's Bazar was chosen as a placement platform. On 28th February 2022, the authorities of Hope Hospital presented their complete activities of the hospital and also community-based services of fistula management to the MPT students and BHPI faculty members.



On behalf of the Physiotherapy department, BHPI, the Associate Professor and MPT Coordinator has given a thoughtful presentation on fistula and the Role of Physiotherapy on the same day. Following the presentation, an open discussion and practical inspection of infrastructure facilities were carried out. All existing members, along with the authority of Hope Hospital, recognized the significance of physiotherapy and expressed their wishes to work collaboratively with CRP in the future.

### 5. Dignitaries Visited MRS Program at BHPI

An inspection team led by the Director of Medical Education of the Ministry of Health and Family Welfare, Government of Bangladesh visited M.Sc. in Rehabilitation Science (MRS) program of BHPI, CRP on 30th November 2021. The team met with the CRP-BHPI management and faculties. They visited academic and clinical facilities of CRP-BHPI including facilities developed under the project "Regional Inter-Professional Master's Program in Rehabilitation Science" funded by SAARC Development Fund (SDF).



Mr. Md. Ruhul Amin, Deputy Secretary, Ministry of Finance and Counterpart Agency (Bangladesh) of the SAARC Development Fund (SDF) visited M.Sc. in Rehabilitation Science (MRS) program of BHPI, CRP on 9th December 2021. He met CRP-BHPI management and faculties. He inspected the assets and academic facilities developed under the project “Regional Inter-Professional Masters’ Program in Rehabilitation Science” funded by SAARC Development Fund (SDF).

## 6. Team SSU joined Virtual Training organized by Motivation India and World Health Organization (WHO)

Team Supportive Seating Unit (SSU) has attended 8 hours of Virtual Training in Posture Care Management for Children with Cerebral Palsy and Multiple Disabilities organized by Motivation India, in collaboration with World Health Organization (WHO) South East Asia Regional Office, New Delhi from 7th March, 2021 to 11th March, 2021. It was an informative and effective training for the team. On behalf of CRP 6 participants attended the training.



response and to honor their leadership and contribution towards a sustainable future. AT that event, a welcome speech was given by Md. Mosharaf Hossain, Manager, HEAR Project. Mothers of Children with disabilities share their experiences and a poem was recited by a child with cerebral palsy. With the speech of Dr. Valerie A. Taylor, Founder and Coordinator of CRP, the program closed.

## 7. International Women's day

CRP in collaboration with HEAR Project celebrated International Women's Day 2022 and the United Nation's theme for this year's observance is “Gender equality today for a sustainable tomorrow” in recognition and celebration of the women and girls who are leading the charge on climate change adaptation and



## 8. Annual Sports competition of WMTS, CRP

William and Marie Taylor School's annual sports competition and prize giving ceremony were held on basketball ground on the 15th march 2022. At 9:00 am, the program started through recitation from the holy Quran. The flag was hoisting after the inauguration announcement of sports. Dr. Valerie A. Taylor, the Founder & Coordinator of CRP and Dr. Mohammad Sohrab Hos-sain, the Executive Director were present in the program.



The assistant teacher conducted assembly after inauguration program. Then WMTS student came on the field to show respect toward honorable guests. 55 students including special needs children participated in the wonderful display. The second part of the program started through participation of sports. Children with or without disabilities were participating in 35 events. Besides this 12 events were selected for respected guardian, teacher and support staff. About 41 winner students received the prizes from the Principal of WMTS and whole day program finished through the closing speech of the Principal of WMTS.

## 9. Visit of Begum Matia Chowdhury, MP

On the occasion of the birth centenary of Bangabandhu Sheikh Mujibur Rahman and National Children's Day, a joint initiative of CRP and sub-committee of forest and environment affairs of Bangladesh Awami League has been conducted



to distribute educational materials among children with special needs. Begum Matia Chowdhury, MP was present as a special guest at the event.

## 10. Inauguration of CRP Manikganj centre

On 29.03.2022 CRP launched its new branch in Manikganj, 12 Shantunu Rai Sarani, West Dashra, Manikganj. State minister for the Ministry of Social Welfare Md Ashraf Ali Khan Khasru inaugurated the centre through a program which started with cultural performance of William and Marie Taylor inclusive school. Executive Director of CRP Dr. Md. Sohrab Hossain presided over the inaugural ceremony that was addressed by CRP Founder and Coordinator and



honorable guest Dr. Valerie A. Taylor. Director General of NGO Affairs Bureau in the Prime Minister's Office KM Tariqul Islam, Bangladesh UNDP Assistant Resident Representative Sardar M Asaduzzaman, PPM-BAR, SP Manikganj Muhammad Golam Azad Khan, Additional Deputy Commissioner (General), Manikganj, Md. Sanwarul Haque and Mayor, Manikganj Pouroshava Mohammad Romzan Ali were also present as special guests. At the end of the discussion, honorable guests handed over sewing machines among the trainees with disabilities. After the ceremony, the Minister inaugurated the CRP building.

CRP Manikganj Center has been set up on about four acres of land at West Dashra in Manikganj Municipality at the cost of Tk. 10.75 crores. Of the total costs, the government has provided Tk 8.57 crores in grants and the rest by the CRP's fund while the entire land has been donated by Raihan Mahabub, a local in Manikganj. CRP provides free training in various trade courses aimed at making the country's disadvantaged people economically self-sufficient. The CRP has been working for almost 42 years. Through this, about 6,000 paralyzed people have received skills development training. Half of these beneficiaries are making a living by doing various kinds of work.



Mr. Errol Doobay, a long-lasting donor and well-wisher of CRP is working to develop CRP IT infrastructure for a long time. He brought 20 pcs good quality Computer and Multi meter this year for CRP. After reaching CRP, he provided Scanner, IP camera etc. He conducted a training to IT department staff regarding electronics device repairing. He has also contributed to develop a wheelchair-accessible garden. He planted some beautiful flower plants in the garden. He is also making plans to decorate Computer LAB with new good quality computers and plans to set up Air Conditioner.

## 11. Contribution of Mr. Errol Doobay



## 12. Collaborative Study with BBDN

CRP has developed a curriculum for health professionals working in Bangladesh's RMG industries to learn how to deal with common work-related and occupational diseases. Indeed, it is a prominent initiative that CRP has done in collaboration of Bangladesh Business & Disability Network (BBDN) and Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ). Many work-related diseases were discovered among workers, according to the literature review,

including hearing impairment, dry skin dermatoses, hepatitis viruses, fungal infections, asthma, COPD, skin diseases, musculoskeletal disorders (i.e., low back pain, upper back pain, neck pain, shoulder pain, pain in hip joint and others). According to a qualitative survey of healthcare professionals, musculoskeletal problems are reported as the most common complaint among workers. Besides, respiratory illness, anemia and malnutrition were reported. Finally, we provided a health practitioner skills training curriculum on the treatment and management of work-related and occupational diseases. We urged that healthcare workers participate in a five-day training session to better understand work-related and occupational diseases.

**Training Curriculum**

2021

For The Health Professionals of Readymade Garments Industries of Bangladesh on Identification and Management of Common Work-Related and Occupational Diseases.





**Activities**

- Workshop Conducted by International Federation of ILO,
- Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ), Germany
- Bangladesh Business & Disability Network (BBDN)
- Center for the Rehabilitation of the Paralyzed (CRP)

### 13. CRP-Mirpur Mental Health Day Centre Services

CRP has been directly working with Mental Health and Psychosocial rehabilitation since 2001 through its Occupational Therapists (OTs). From 2013, CRP started OT service at the National Institute of Mental Health (NIMH) Hospital in Dhaka. This service was also provided at the Pabna Mental Hospital and three Government Medical Colleges and Hospitals in Chittagong, Rajshahi and Barisal from January 2017 to December 2020. The Kadoorie Charitable Foundation (KCF) came forward with their kind gesture and funded a day center named "Occupational Therapy Day Centre for People with Mental Health Needs" which is located at CRP-Ganakbari, Savar, Dhaka. This was 3.5 years' project that started from March 2018 to August 2021. The project is extended for the next three 3 years with some new dimensions like another mental health day centre at CRP- Mirpur and community activities for mental health needs.



Mental Health day center at CRP-Mirpur is the 2nd phase a new mental health day center is started in 2022. This day center also provides mental health services by the professional in a weekly package. This day center facilities will be accommodated according to urban set-up needs. The main theme would be the same as CRP- Ganakbari day center to engage the clients in meaningful activities in a day-long routine. CRP-Mirpur Mental Health Day Centre provides -Psychiatric Consultation, Psychosocial Counselling and Occupational Therapy which follows an effective daily routine from Saturday to Wednesday including sensory modulation group, vocation training, self-care and recreational activities, etc.

### 14. Story of Nupur

Nupur, only an eight years old beautiful girl came to CRP with spinal cord injury in L1 and L2. She used to visit her father who worked in a brick field. One day she went there to share a bar of chocolate with her father but her dress stuck in a brick breaking machine. She fell over the machine and got injured. Then she came to CRP and the Head of Medical Services wing along with Dr. Luis Garcia Rodriguez



from Spain a very old friend of CRP did the surgery without any delay. On 28th March 2022 that complex surgery of almost 7.5 hours long took place. Before the surgery she couldn't even move or hold her urine and only a little bit of sensation in the lower limb. After the surgery, gradually she improved, she could control her bladder and started to gain sensation in her body. A few days later she was able to walk again without any help and wanted to go back to her school.

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Account name : **CRP Zakat Fund**

Account number : **STD# 36000409**

National Bank, Savar Branch, Dhaka.

**Published by:**



**Publication & Communication Department**

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